

Odyssey

Parenting Your Teen
Programme

PROMOTIONAL FLYER

Odyssey



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Odyssey, Parenting Your Teen Programme is a groundbreaking 8 session course for those parenting young people aged 11-18 years, specially developed to **improve communication** and **relationships**.

TOPICS COVERED

- Parenting Styles
- Teen Development
- Rules and Consequences
- Dealing with Conflict
- Improving Self-Esteem
- Problem Solving



VENUE

Wellview Resource Centre
17-18 Wellview Green
Mulhuddart, D 15

**CALL NOW
TO REGISTER**

Maureen 0870509560 or
Eva 0870509186

Developed by Odyssey Parenting NI